



Strategy: Classroom Goal Setting

Facilitators: SuperAdvisor

Target Audience: DSA Student Team Members, one-on-one conversations or groups of 2 – 3

Location: Face to face or video chat

Date/time: Determined by participants, e.g., regularly scheduled meeting

Needed Materials: Note taking supplies

LEARNING OUTCOME

Students will be able to set formative goals, devise and enact sufficient action plans, and learn from the results of their efforts.

Implementation Outline

1. Ensure your student knows your intention to help them succeed academically.
2. Consider cultural differences and various perspectives that could affect the outcome as well as how participants approach the cultivation.
3. Ask them what academic goals they have for the semester.
4. Coach your students through creating at least one formative goal and action plan.
(Avoid summative goals like, “I want a 4.0 this semester” or “I want a B in my hardest class”).
5. Review, offer feedback, and share resources contributing to the student’s goal and action plan.
6. Commit to and seek opportunities for impromptu check-ins, feedback, and encouragement.
7. After the goal’s target date has passed, guide your student through reflections. Ask
 - What did you do as you tried to reach your goal?
 - How does what actually happen compare to what was original action plan?
 - Did you reach your goal? If not, do we want to revisit the goal?
 - What did you learn about yourself and about goal setting?
 - How can this be used to help you moving forward?
8. At the conclusion of the oral reflection, create a cultivation record using the [Cultivation Tracker \(link\)](#), which initiates the assessment process. Tell your student to expect a follow-up email from the Division Office that will include a link to access and submit a final cultivation reflection. Tell them the final step is designed to achieve the desired learning outcomes while also formally recording the experience in official records.

