



reDEFINE: Thriving in the Southern MISS experience for greater Success

Think Tank Session w/ Dr. Samuel Jones, CSP
Tuesday, April 25, 2023

The three vital components that connect transformational leadership to exceptional performance: Inspirational _____, Intellectual _____, and Individualized _____.

IM:

IS:

IC:

The four stress-reducing behaviors that transformational leaders exemplify consistently are: _____, _____ intelligence, effective _____, and sharing _____ and _____.

7 Strategies to reDEFINE & THRIVE in the Southern MISS experience

1) Practice _____: We start by _____ the good, then _____ the people that are here to help us, then we should become _____ of what our responsibilities are.



2) Take _____ responsibility for your success. Whenever we place _____ everything remains the same; and when we complain, we usually don't _____. When you demonstrate commitment, you are willing to prioritize your _____ and you're likely to stay _____ on your goals.

3) Update your _____. This is how loyalty is cultivated to invest time, energy, and resources to provide an exceptional customer _____, it fosters a sense of _____, it shows _____, and provides opportunities for _____.

4) Realign your _____ by building trust. Building trust can be crucial for strengthening relationships for teamwork. Here are three of the most impactful benefits

- It improves intentional _____
- It encourages _____
- And it fosters a sense of _____

5) Elevate a _____ to perform by constantly creating _____

6) Knockout your _____ by learning how to have difficult conversation. In EVERY difficult conversation, there are three smaller conversations:



- The _____ Conversation: we _____ our _____ is “right” and that we already have all of the _____ we need. Instead, we should explore what _____ the other person _____ that we don’t.
 - The _____ Conversation: we try to _____ our feelings, or we take them out on the other person. Instead, we should share them and manage them constructively.
 - The _____ Conversation: we ignore our true _____ about what this conversation says about us. Instead, we should thoroughly explore the _____ at stake for both people.
- 7) Identify _____ where you can thrive and grow.

Notes:

TRANSFORM NOW

with DR. SAMUEL JONES, CSP
Consultant. Keynote Speaker. Executive Coach.



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What were your top three takeaways?

How has this experience reinforced your desire to *Thrive in the Southern MISS experience for greater Success?*

What challenges do you anticipate as you work to apply what you've learned?