

Life is Better at OLLI Southern Miss, and the Beach!



at The University of
Southern Mississippi

Summer 2024

Photo credit:
OLLI Member Stacey Ready

Are you 50 or older and seeking opportunities to engage in innovative and enriching programs in an inclusive environment with others who share similar interests? Join OLLI Southern Miss today!

Learn for a lifetime.

Annual Membership Fee

- \$50 Hattiesburg**
- \$40 Gulf Park**
- \$30 USM Faculty and Staff**
- \$30 Zoom Only**



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Contact your local OLLI office for Zoom instructions. Zoom links will be emailed the afternoon before class.

IMPORTANT INFORMATION

MEMBERSHIP AND CLASS REGISTRATION | Email and online registration will begin Wednesday, May 29 at 9 a.m. Phone registration will open Thursday, May 30 at 9 a.m. Walk-in registration will open Friday, May 31 at 9 a.m. Courses begin Monday, June 10 and will be held in person and/or Zoom. You may email your course selections to maryann.herodes@usm.edu (Gulf Park | GP) and tay.baucum@usm.edu (Hattiesburg | HB), register online at www.campusce.net/usm or call either office to request registration, 228.214.3277 or 601.266.6554.

REGISTRATION OPTIONS | We prefer members to register using the online system at www.campusce.net/usm. If it is not feasible for you to register online, you may email your class registration list to one of the email addresses above or call the office nearest you and a staff member will enroll you when phone registration begins. You may visit your local OLLI office to register after all other registration options are underway. However, to increase the likelihood of securing a spot in your preferred classes, email and online registration are better options. Mail your checks to **OLLI, 118 College Drive #5055, Hattiesburg, MS, 39406**.

CLASS CANCELLATION POLICY | OLLI reserves the right to cancel any class at any time for any reason.

COMMUNICATIONS | We email an "OLLI Update" weekly or as needed to keep you informed of upcoming events and cancellations. If you have given us an email address but are not receiving emails, add olliengage@lists.usm.edu and paula.mathis@usm.edu to your email address book. Also, check your junk or spam folder if you are not receiving emails from OLLI. If you find an OLLI message in the folder, mark it "not SPAM" and/or move it to your inbox. This is the best way to stay informed of current and upcoming activities.

PARKING | Parking lots for the Hattiesburg campus are provided on N. 37th Avenue between Pearl Street and Montague Boulevard. Handicapped-accessible parking is available in that lot and at the building entrance on 36th Avenue. **For our Gulf Park campus**, parking is available in any lot by **permit only**. You **MUST** email maryann.herodes@usm.edu to register your vehicle. No permit is required to park in the Hattiesburg OLLI lots.

INCLEMENT WEATHER | OLLI follows the policy of The University of Southern Mississippi in times of inclement weather. If USM closes either the Gulf Park or Hattiesburg campus because of weather conditions, OLLI will also cancel classes. Rely on trusted news sources when the National Weather Service issues a storm watch or warning. Please do not risk traveling until danger has passed.

PAYMENTS AND REFUNDS

How should I pay? | A number of payment options are available: 1) pay online with a credit card at the time you enroll in classes, 2) mail a check to your local OLLI office (mailing addresses available at the end of this guide), 3) place a check in a payment drop box at your local OLLI office, 4) pay with exact cash in Hattiesburg (not an option on Gulf Park campus) or a credit card in your local OLLI office. To protect your financial information, OLLI staff cannot accept credit card details on email or over the phone. **NOTE:** Payments are due within seven business days of registering or your place may be forfeited.

What happens if I paid for a class and it is cancelled? | When a class, seminar, or field trip is cancelled, all members are notified by phone or email and OLLI staff will credit your OLLI account the amount paid.

May I request a refund? | A refund may be granted if a class is cancelled, or if you notify OLLI you wish to withdraw from a course at least seven days prior to the class start date. If you paid with a credit card, the refund will be credited to your card. Other payment forms require completion of University paperwork, including a W-9 form, to obtain a refund. Otherwise, all credits will be credited to your OLLI account, not refunded. OLLI credits may not be used for membership dues, nor can membership dues be refunded.

May I use credits from semester to semester? | We will gladly apply your credits to pay for classes, seminars and field trips in a future semester. Members may not use credits toward membership dues.

What happens if I cannot attend a class, seminar or field trip? | If you cancel at least seven days prior to a class, seminar, or field trip, a credit will be issued for future registrations. If you choose not to attend a course or field trip without contacting the office seven days in advance of the event, no credit or refund will be issued.

EMERGENCIES AT OLLI | Should you suffer a medical emergency while attending an OLLI program (e.g., seminar, class, field trip, meet-up, pop-up or special event) or while in any building connected to OLLI (the Peck House, classrooms on the Long Beach campus or off-site locations), we are **required** to contact emergency services.

COMMITMENT TO DATA SECURITY | Southern Miss is dedicated to preventing unauthorized information access, maintaining information accuracy and ensuring the appropriate use of information. We strive to have appropriate physical, electronic and managerial safeguards to secure the information we collect in all formats: on paper, electronically and verbally. Security practices are consistent with the policies of the University, the laws and regulatory practices of the state of Mississippi and multiple federal agencies.

NOTE: Member information will be shared with OLLI Staff and the OLLI Membership Committees. Also, OLLI reserves the right to take photographs or videos during the operation of any program and to use them, whether taken by a representative of OLLI or by other participants, for administrative and promotional purposes. By enrolling in an OLLI program, participants agree to allow their images and names, if visible, to be used in such. Participants who prefer their images not be used are asked to contact the OLLI office at 601.266.6554.

SPECIAL EVENTS

Saxy Music

Thursday, June 6 | HB In-Person | Free and Open to the Public
9:00 a.m. - 11:00 a.m. | FestivalSouth Event hosted by OLLI
Returning to brighten your morning, the Southern Miss Saxophone Quartet presents an entertaining program of popular favorites that's sure to get your day off on a good note! Complimentary coffee and pastries provided by OLLI. If you have a specialty coffee you love, bring it with you!



Music We Grew Up On—Bubble Gum and One-Hit Wonders!

Thursday, June 6 | HB In-Person | Free and Open to the Public
2:30 p.m. - 4:30 p.m. | Seminar led by Jim Dryden

Is it a class? Is it a social gathering for meeting and making friends? Well, it is a bit of both. Jim Dryden is a human encyclopedia of music and music history. Jim will present a 30- to 45-minute discussion on Bubble Gum and One-Hit Wonders music. Each discussion is followed by music listening and socializing for the fun of it. ***Free and Open to the Public.*** Originally from Dayton, Ohio, **Jim Dryden** has lived in 11 states, cruising to all kinds of music as he worked and explored this country with his very tolerant wife, Sherry.



Mahler in the Morning

Saturday, June 8 | HB In-Person | Free and Open to the Public
10:00 a.m. - 12:00 p.m. | FestivalSouth Event hosted by OLLI

Enjoy complimentary Viennese-style breakfast pastries and coffee, as Dr. Joseph E. Jones, professor of musicology from the Southern Miss School of Music, discusses the life and selected works of Gustav Mahler and his contributions to the history of symphonic music. This engaging talk will help you further understand and appreciate the significance and meaning of *Das Lied von der Erde (The Song of the Earth)*, the incredible musical work to be performed by the FestivalChamber Players and vocal soloists under the direction of Dr. Jay Dean, at 7:30 p.m. that evening.



Art Reception: A Peek into Karen's Closet

Friday, June 14 | HB Art Reception | Free and Open to the Public
1:00 p.m. - 2:30 p.m. | Event Hosted by HB Art Committee

Meet us in the Peck House to celebrate the work of OLLI member-artisan Karen LeBeau. This is a different exhibition in textiles and clothing. Join us!



Celebrate America Gulf Park Social

Friday, June 28 | GP In-Person | Free and Open to the Public
11:00 a.m. - 12:30 p.m. | Event hosted by GP Social Committee
Join fellow OLLI members for a social celebrating our country. Bring your favorite savory or sweet dish to share with others.



GULF PARK

ARTS

***Decorate an Egg: Hands-on Experience* | \$30**

Mondays, June 10 and 17 | GP In-Person

12:00 p.m. - 2:00 p.m. | Two-Part Seminar led by Dr. Christi Magrath

We will learn techniques used to create the intricate patterns and beautiful coloration on an egg. We will use the wax-resist technique. You will take home a beautiful Ukrainian egg. No experience required.

Material cost is included in course fee. Dr. Christi Magrath is a scientist and artist/crafter who enjoys sharing her knowledge with others. She retired from Troy University after 20 years as a Molecular Biology researcher and teacher. She enjoys crafting.

***Watercolor for Relaxation* | \$20**

Thursdays, June 13 - 27 | GP In-Person

12:00 p.m. - 2:00 p.m. | Three-Week Class led by Dr. Tammy Gragg

Come let your stress flow away while we paint! We will create a different free-hand watercolor project each week--no tracing or transfer paper is needed for this class. All skill levels are welcome. **Supply List:**

Watercolor paper (about 9x12 inches), watercolor paints, small and medium round brushes, water container, masking tape, pencil, drawing board or other support to tape your paper to while painting and a towel or table cover for your workspace. Dr. Tammy Gragg is a retired nurse practitioner and artist working mainly in watercolor and colored pencil. She studied art at Mississippi Gulf Coast Community College, the New York Academy of Art and University of North Carolina. She is an active member of the Gulf Coast Art Association and the American Society of the Botanical Artists.

***Drawing Part I* | \$25**

Tuesdays, June 18 - July 23 (No Class July 2) | GP In-Person

12:00 p.m. - 2:00 p.m. | Five-Week Class led by Marty Turnbo

Let's draw! It is easy to learn—you will learn how on day one. You will then learn shading, perspective, enlarging and drawing faces. **Supply List:** #2 pencil, mechanical pencil (optional), eraser, colored pencils, Sharpie with two tips (fine and medium), small drawing pad and 10-12 sheets of copy paper. Marty Broadus Turnbo is a retired art and drama teacher from Oak Grove and is a longtime member of the South MS Art Association.

***Twirling Paper: Learn Quilling* | \$15**

Wednesday, June 26 | GP In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Dr. Christi Magrath

The art of twirling small strips of paper and assembling them into fun art pieces is known as paper quilling. In this class, we will learn the basic techniques and styles of quilling, the tools that are commonly used, and work on a mini-project. **Material cost is included in course fee.** Dr. Christi Magrath is a scientist and artist/crafter who enjoys sharing her knowledge with others. She retired from Troy University after 20 years as a Molecular Biology researcher and teacher. She enjoys crafting.

***Landscape Art* | \$20**

Thursdays, July 11 - 25 | GP In-Person

12:00 p.m. - 2:00 p.m. | Three-Week Class led by Pat Noonan

This class will cover drawing and painting in water color. You will learn the technique of perspective with use of color, shading, shadow and form. Examples of landscape paintings, photos and demonstration will be used as examples of nature in art. If the weather permits we will go out on the campus grounds to sketch.

Supply List: sketch pad, drawing pencils, gum eraser, pencil sharpener, small set of watercolor paints, watercolor brushes, a pad of watercolor paper, a covering for the table when painting, a container for water, paper towel and mixing pan if using tube paints. Pat Noonan is a retired CRNP and has been drawing and painting all of her life. She had training through high school and college, online and recently in OLLI classes.

Holiday Fun in July | \$15

Monday, July 22 | GP In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Michelle Magrath and Dr. Christi Magrath

Join OLLI friends for a summer celebration of the winter holidays. There will be a cookie and treats swap (baked or store-bought/individually bagged) and we will exchange fun seasonal stories, play some cheery games, and make an easy Christmas craft. Ugly sweaters/t-shirts encouraged. **Material cost is included in course fee.** **Michelle Magrath** enjoys crafting, reading, football, and Christmas. **Dr. Christi Magrath** is a scientist and artist/crafter who enjoys sharing her knowledge with others. She retired from Troy University after 20 years as a Molecular Biology researcher and teacher. She enjoys crafting.

HEALTH AND FITNESS

Adding Life to Years with Fitness! | \$5

Tuesday, June 11 | GP Meet-Up

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Sheryl Egan-Olaivar

Meet at The Energy Club 2 Tower Plaza, Long Beach.

Join us to discover safe and effective fun fitness options for seniors at The Energy Club! Fitness and movement is important at all ages for overall health; however, exercise is even more important as we mature. Learn about enjoyable exercises to help improve balance, flexibility, muscle strength and endurance to help you remain as independent as possible with self care, to continue living at home and remain as active as possible in the community. **Sheryl Egan-Olaivar** is a licensed occupational therapist (OTR/L) and registered yoga teacher (ERYT-500) who is passionate about sharing health and wellness for all with fitness and movement.

Tai Chi Chih for the Beginner | \$20

Tuesdays and Thursdays, July 9 - 25 | GP In-Person

8:30 a.m. - 9:30 a.m. | Exercise Class led by Susie Pham

This class is for newcomers and will teach traditional physical meditative practice. It is designed to build strength, improve health and flexibility, reduce stress and increase energy flow. **Susie Pham** has practiced Tai Chi for years and was trained by Grand Master Shi DeRu, 31st generation descendant of the Shaolin Temple.

Intermediate Tai Chi Chih | \$20

Tuesdays and Thursdays, July 9 - 25 | GP In-Person

9:45 a.m. - 10:45 a.m. | Exercise Class led by Susie Pham

This class is for those who have previously taken Tai Chi Chih for the Beginner. This class will teach traditional physical meditative practice. It is designed to build strength, improve health and flexibility, reduce stress and increase energy flow. **Susie Pham** has practiced Tai Chi for years and was trained by Grand Master Shi DeRu, 31st generation descendant of the Shaolin Temple.

HUMANITIES

The House of Windsor | \$15

Wednesdays, June 12 and 19 | GP In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Rev. Jon Caridad

The death of Queen Elizabeth II has sparked renewed interest in the House of Windsor, the governing royal house of Great Britain and its commonwealth. This two-part seminar will examine the origins of the House of Windsor, which began after the reign of Queen Victoria and was so-named in 1917 by King George V because there was so much anti-German feeling in Britain. Come learn about the reigns of George V, Edward VIII (Duke of Windsor), George VI, Elizabeth II and the beginning of the reign of Charles III. **Jon Caridad** is a retired Episcopal priest with extensive experience in education, ancient history and biblical study.

History and Guided Tour of the G.I. Museum | \$10

Monday, June 17 | GP Meet-Up

9:30 a.m. - 11:30 a.m. | Tour led by Doug Mansfield

Meet at G.I. Museum, 5796 Ritcher Road, Ocean Springs.

Join OLLI for a guided tour of the G.I. Museum where history comes ALIVE! You will learn about the many aspects of a day in the life of an American G.I. from 1917 through the present using original artifacts from the museum. **Doug Mansfield** owns and operates the G.I. Museum. He retired from Mississippi Gulf Coast Community College with over thirty years of experience. He enjoys sharing his vast knowledge of U.S. history.

How Did We Become So Divided | \$20

Wednesdays, June 19 and 26 | GP In-Person

12:00 p.m. - 2:00 p.m. | Two-Part Seminar led by Dr. Alice Graham

Day 1: View *Ava Duvernay's* movie *Origin*. **Day 2:** We will discuss responses to the film. It is understood that individuals will react/respond to the film based on their particular life experiences, so this seminar will offer an opportunity to listen and to share differing responses. **Dr. Alice Graham**, an ordained minister in the American Baptist Church, USA, has a BA from Spelman College, MDiv from Garrett Evangelical Theological Seminary, and a PhD from Northwestern University in pastoral care and psychology. She is a retired Fellow from the American Association of Pastoral Counselors and retired ED from Back Bay Mission.

Raid on Pass Christian | \$10

Thursday, June 27 | GP In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Pat Alford

Come learn about how the rescue of a child in the Gulf of Mexico by Northern Blockaders led to the raid on Pass Christian. **Pat Alford** retired after forty-two years as a science teacher and administrator. He is a master volunteer ranger for the National Park Service and has taught several classes and led several tours for OLLI.

Dead Sea Scrolls | \$10

Monday, July 22 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Rev. Jon Caridad

Since their discovery in 1947, the Dead Sea Scrolls have aroused excitement in biblical scholarship and archaeology. A group of church scholars tried to discredit the Scrolls and their origins due to jealousy, foreboding and fear that the Scrolls would undermine the foundations of Judaism and Christianity. Come learn who and why. **Jon Caridad** is a retired Episcopal priest with extensive experience in education, ancient history and biblical study.

LANGUAGES AND LITERATURE

From Family History to Published Fiction | \$10

Monday, June 24 | GP In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Peter Sullivan

This course will describe how research into family history resulted in the publication of two novels. We will talk about the process of creative writing and the subsequent work of pursuing publication. Course participants will be invited to discuss their own experiences with writing. A short list of publishing resources will be shared. **Peter Sullivan** graduated with a master's degree in social work from the University of Illinois. He was an adjunct professor in the social work program at the Rochester Institute of Technology. He has published fiction in literary journals and two novels *Paddy O'Neil's Trunk*, Borealis Press, 2016 and *Driving the Auburn*, 2023, Amelia Press.

"The Bear Came Over the Mountain" by Alice Munro | \$5

Wednesday, July 10 | Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Leah Holmes

A serial adulterer faces his failures when his wife suffers dementia, enters a care facility, forgets who he is, and falls in love with a fellow resident. Simple enough at first, this one will have you reexamining your entire life. **Leah Holmes** is a retired USM English Instructor. She is currently the Bay St. Louis Library Branch Manager. She holds advanced degrees in literature.

NATURE, SCIENCE AND TECHNOLOGY

What's New in Dolphin Research | \$5

Monday, June 10 | GP In-Person and Zoom

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Dr. Megan Broadway

This will be an overview of the latest discoveries related to dolphin cognition and communication. You will learn about signature whistles, clicks and the dolphin games. The most recent research involves interactive cognitive games with dolphins. **Dr. Megan Broadway** is a comparative psychologist and professor at the University of Louisiana at Monroe. She graduated with her PhD in Psychology from The University of Southern Mississippi in 2018. Her research focuses on animal behavior and cognition.

Mediums and How They Communicate with the Dead | \$5

Monday, July 8 | GP In-Person

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Connie Rainey

Mediums communicate with spirits. Some have a sensory experience, such as, smelling or hearing. There are different types of communication including séance, trance, and ouija. Join Connie in learning more about mediums. **Connie Rainey** is an active paranormal investigator and researcher. She is a member of MUFON (Mutual UFO Network).

Mississippi Aquarium: Something Fishy | \$40

Wednesday, July 17 | GP Meet-Up

10:00 a.m. - 2:00 p.m. | Self-Guided Tour

Meet at Mississippi Aquarium, 2100 E Beach Boulevard, Gulfport.

Let's visit the Mississippi Aquarium and see otters, gators, fish, sharks, rays, and much more! The aquarium provides an "awe-inspiring entertainment experience which supports animal research and conservation, inspires learning and instills a passion for the aquatic world." The new exhibit, Changing-Tides, includes lots of new habitats and species in three biomes: "a water kelp forest, lush rain forest and tropical coral reef."

Entry fee is included in course fee.

Back in Black! The History and Science of Black Bears in Mississippi | \$10

Wednesday, July 24 | GP In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Anthony Ballard

This course will provide a history of the black bear in Mississippi, the progression of the species in the last 100 years, and the current status and research happening within our state as the black bear program continues to move forward. **Anthony Ballard** is the a Black Bear Program Leader for the MS Dept. of Wildlife, Fisheries, and Parks. He has a bachelor of science degree from Mississippi State University and a master of science from the University of Louisiana Monroe. Mr. Ballard started working with the MDWFP in 2015.

PERSONAL ENRICHMENT

The Waffle House Index and Storm Recovery: Scattered, Smothered and Recovered | \$10

Tuesday, June 11 | GP In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Lauranne Tomaszewski, Derrick Hooper and Tommy Domenico

Waffle House restaurants have a reputation for staying open during extreme weather—and for reopening quickly after being forced to close due to tornadoes and hurricanes. If you've lived in South Mississippi for a while, you've probably heard of the "Waffle House Index," which is an informal metric used by emergency officials to measure the severity of a storm. A waffle bar and beverages will be provided. **Lauranne Tomaszewski** has been the recruiting director for Waffle House for five years. She is in charge of twenty-seven restaurants in the South Mississippi region. She oversees recruiting, hiring, training and community outreach and development of the management team. **Derrick Hooper** is the senior vice president for Waffle House in Baton Rouge, New Orleans and the South Mississippi markets. **Tommy Domenico** is a district manager for Waffle House in Bay St. Louis, Waveland and Diamondhead. He is a USM double graduate.

Marvelous Mahjong: Wright-Patterson Version | \$15

Thursdays, June 13 and 20 | GP In-Person

9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Dr. Jan Vinita White

In this course, participants will learn the basics of Mahjong, a Chinese game from the 1800s played with tiles. This version of Mahjong is popular throughout the United States and was developed in the 1920s by the spouses at Wright-Patterson AFB in Ohio. It is played with three or four players and requires no previous card or board game skills. The focus of this game is friendship, not winning or competitive playing. **Jan Vinita White**, PhD, is a gerontologist, consultant, aging authority, writer, speaker and researcher on the biological, psychological, and social issues of health and aging. For fourteen years, Dr. Jan has been advancing this conversation through her blog post, which has attracted a global following.

Summer Gardening and Care | \$5

Date TBD | GP Meet-Up

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Polly Cuevas

Meet at Pine Hills Nursery, 7434 Cuevas Road, Pass Christian.

Come learn how to create and care for a successful garden this summer while visiting Pine Hills Nursery. Polly will teach you how to keep your plants and flowers in bloom through the summer. She will show you what plants thrive in the heat. **Polly Cuevas** has been manager at Pine Hills Nursery since its beginning in 1986.

A Woman's Softball Journey Before and After Title IX | \$5

Tuesday, June 18 | GP In-Person

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by Cathy Taylor

Come hear firsthand the softball life of an extraordinary athlete. She will tell you how hard it was for a woman to get recognition in sports. **Cathy Taylor** started playing softball at nine years old and still plays today for a seventy plus women's slow-pitch team that travels the country. She played for the Women's Professional Softball Association (WPSA). She has coached recreation teams, middle school, high school, college and travel teams.

Petite Gardenia Afternoon Tea | \$35

Thursday, June 20 | GP Meet-Up

3:00 p.m. - 4:45 p.m. | Seminar led by Michelle Nichols

Meet at the Gardenia Tea Room, 314 US-90 #104, Waveland.

Take your time and enjoy our relaxing atmosphere sipping your favorite beverage. **Menu:** A tiered tray of four sandwiches: cucumber, chicken salad on croissant, egg salad, turkey. Four savories: shrimp paste on toast, mini crab quiche, spinach and artichoke phyllo cup. Three mini-desserts: French macaron, fruit tart, and a signature dessert. One fresh-baked scone served with clotted cream, lemon curd or assorted preserves. Tea selection of your choice. Food and tea fees are included.

Witchcraft: Then and Now | \$5

Monday, June 24 | GP In-Person

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Connie Rainey

Join us to examine the past events in the rise of the craft, how it has evolved and how it survives today. We will examine the tools and practice and compare it to other religions. **Connie Rainey** is a retired RN, active paranormal investigator and researcher. She has twenty years of experience, and a lifetime of being empathic.

Get Over That Wordle Hurdle! | \$5

Monday, July 8 | GP In-Person

9:30 a.m. - 10:30 a.m. | Mini-Seminar led by David Reed

Do you Wordle? Do you want to be successful at Wordle, one of the most popular word games on the web. Wordle is a web-based game where you have six chances to guess a five-letter word. Come to this class and learn the strategy to help you get over that Wordle Hurdle and be a successful Wordle player. **Dave Reed** worked as a hydrologist/river forecaster for the National Weather Service for thirty-two years. Since his retirement, he has enjoyed traveling and pursuing his hobbies of bird watching and bird photography.

Point of Entry Tour: Volunteer Orientation and Animal Enrichment | \$5

Wednesday, July 10 | GP Meet-Up

10:00 a.m. - 11:00 a.m. | Mini-Seminar led by Lori West and Bianca Janik

Meet at Humane Society of South Mississippi, 2615 25th Avenue, Gulfport.

Come learn all aspects of what is happening at your local Humane Society Animal Shelter. The Point of Entry Tour will begin at the adoptions entrance as if the participant was adopting an animal, then progress to the clinic and ancillary services that support animal care. The course will transition to a volunteer orientation and will commence with a special animal enrichment activity designed to fit each participant's capabilities and interests. **Lori West** serves as the Chief Executive Officer of the Humane Society of South Mississippi. She has led the organization since February 2016, overseeing the advancement, development, and operations of the Humane Society of South Mississippi. **Bianca Janik** is the Director of Operations of the Humane Society of South Mississippi. Ms. Janik was promoted to this position in 2023 and previously lead the adoptions department as well as clinical services. She has been with the organization since 2013.

EATING YOUR WAY THROUGH OLLI

Salute Italian Restaurant | Lunch with Chef and Owner Robert Stinson | Dutch Treat

Friday, July 12 | GP Meet-Up

11:00 a.m. - 12:30 p.m. | Seminar led by Robert Stinson

Meet at Salute, 15th Place, 1712 15th Street, Gulfport.

Join OLLI friends for an Italian lunch experience. Chef and owner Robert Stinson will talk to the group about the restaurant and his history in the culinary business. **Lunch is Dutch Treat.** **Robert Stinson** is executive chef and owner of three award-winning restaurants on the Mississippi Gulf Coast. His spectrum of work has spanned from five-star dining at the Windsor Court Hotel Grill Room to managing the highest volume restaurant in the world, Orlando Planet Hollywood.

Coastal Daiquiri Bar & Grill Experience | Dutch Treat

Friday, July 26 | GP Meet-Up

11:00 a.m. - 12:30 p.m. | Seminar led by Sondra McLeroy

Meet at Coastal Daiquiri Bar & Grill, 501 Jeff Davis Avenue, Long Beach.

Meet OLLI friends at this local establishment, where the daiquiris are derived from premium mixes made with real fruit and quality liquor! You will have twenty-five daiquiri choices as well as yummy food to choose from. Saundra McLeroy will tell us a little about this Long Beach premiere daiquiri bar! **Food and daiquiris are Dutch treat!** **Sondra McLeroy** is the manager of the Coastal Daiquiri Bar & Grill.

HATTIESBURG

ARTS

***From Cute to Beautiful to Gorgeous to Stunning Boxes* | \$20 Each Term**

Thursdays | HB In-Person

Term I: June 13, 20 and 27

Term II: July 11, 18 and 25

12:00 p.m. - 2:00 p.m. | Three-Week Class led by Steve Hurst

Come learn how to craft and embellish beautifully-designed boxes that can become not just for storage, but artful treasures, too. Using everything from wood, papier-mâché, metal, cardboard, puzzle pieces, jewelry, leaves, fabric, glass, plastic, computer and electronics parts, you'll discover the artist you did not know was in you. Non-artists (by their definition) are especially encouraged to come. Though most known for his stunning time-telling art, California migrant **Steve Hurst** is also a painter, illustrator, graphic designer, singer, former tenor and soprano sax musician, writer, and last but not least, the crafter of some of the coolest looking stash boxes for jewelry, gifts or just for treasuring and looking at.

***Behind the Scenes: Pictures and Their People* | \$15 Each Term**

Mondays | HB In-Person

Term I: June 10, 17 and 24

Term II: July 8, 15 and 22

12:00 p.m. - 1:00 p.m. | Three-Part Mini-Seminar led by Dana Stratton

This course includes six separate presentations of artists or periods of art: **Week 1.** Mark Chagall; **Week 2.** Monet, Manet and Renoir; **Week 3.** Picasso; **Week 4.** Wyeth, Warhol and Pollack; **Week 5.** Classical vs. Baroque; and **Week 6.** From the Roman Basilica to the Christian Cathedral. **Dana Stratton** has been teaching studio art and art history classes at OLLI since 2000 and just can't seem to stop. She is a published illustrator and an active participant in a variety of art shows and loves to gossip about the lives (and sometimes the loves) of artists of the past.

***I'm a Yankee Doodle Dandy* | \$20**

Tuesday, June 11 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Karen LeBeau and Aimee Cotton

We will make eight greeting cards (two each of four designs) featuring the colors red, white and blue. **All supplies plus envelopes for mailing will be provided.** Come have a fun afternoon and leave with great cards to mail to family and friends. **Karen LeBeau** is a retired kindergarten teacher who dabbles in various crafts. **Aimee Cotton** (Karen's daughter) has been an OLLI member for two years. She has enjoyed paper crafts for many years.

***SING OUT LOUD: Voice for Beginners* | \$15**

Wednesdays, June 12 - July 10 (No class the week of July 4th) | HB In-Person

9:15 a.m. - 10:15 a.m. | Four-Week Class led by Dr. Susan A. Smith

SING OUT LOUD is designed for students with a wide range of talents, interests and expertise levels. Students will learn efficient voice production and expressive singing skills. Topics covered in this course include From Speech to Singing (how the voice works), Basic Vocal Exercises, Managing Breath, Producing Tone, Voicing Vowels and Consonants, The Mind/Body Connection, Coordinating the Vocal Process, and Learning and Performing a Song. **Supply List:** Your favorite music, bottle of water, straw, binder for handouts (optional) and stretch band or yoga band. **Dr. Susan A. Smith** currently teaches applied voice at Jones College and maintains a private voice studio. Prior to coming to Jones, Dr. Smith was the Director of Choral Activities at TN Tech University, where she conducted and traveled internationally with her choral ensembles. Dr. Smith is the MMTA Vocal Area Chair, an NCTM, and a NATS member.

***Demonstrating the Dulcimer* | \$10**

Wednesday, June 12 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Karen Mims

Come and learn the history of the dulcimer. Enjoy the demonstration and performance! A couple of demo instruments will be available in the event you want to learn how to play. **Karen Mims** has been playing dulcimer for 26 years and formed the group who will perform. She hosts a yearly dulcimer festival and teaches.

Drawing | \$20 Each Term

Thursdays | HB In-Person

Term I: June 13, 20 and 27

Term II: July 11, 18 and 25

2:30 p.m. - 4:30 p.m. | Three-Week Class led by Marty Turnbo

Let's draw! It is easy to learn—you will learn how on day one. You will then learn shading, perspective, enlarging and drawing faces. **Supply List:** #2 pencil, mechanical pencil (optional), eraser, colored pencils, Sharpie with two tips (fine and medium), small drawing pad and 10-12 sheets copy paper. **Marty Broadus Turnbo** is a retired art and drama teacher from Oak Grove and is a longtime member of the South MS Art Association.

A Deep Dive into Karen's Closet | \$10

Monday, June 17 | HB In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Karen LeBeau

After you have seen Karen LeBeau's exhibit, come prepared with questions about anything. Karen will try to provide insight on the patterns, designers, fabrics, details . . . whatever you want to know. **Karen LeBeau** has been sewing since she was five or six years old, starting with doll clothes made from scraps. Sewing is not just a hobby as she gets to wear the results nearly every day.

King of the Blues: B. B. King | \$5

Monday, July 8 | HB In-Person

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Althea Jerome

B. B. King left quite a mark on the world with his music called the Blues. We will hear of his childhood in the Delta, the hardships of his life, his guitar, the *Chitt'lin' Circuit* and his tour bus, as well as his lifetime hobby of collection. In the early 2000s, Indianola began creating a museum in his honor. Built in an old cotton gin, the museum holds many objects from his collection and honors his long music career. **Althea Jerome**, arts educator, is on the board of MS Alliance for Arts Education and is listed on the Teaching Artist Roster of the MS Arts Commission. Althea received the Governor's Arts Award and the MAAE's Lifetime Achievement Award. She is a long-standing member of Meistersingers of MS. She recognizes that music enriches lives of students of all ages.

Capturing Community Photography Exhibition | \$10

Thursday, July 11 | HB Meet-Up

12:00 p.m. - 2:00 p.m. | Seminar led by Vanessa Molden

Meet at the Historic Eureka School, 410 East Sixth Street, Hattiesburg.

A photo exhibition by Hattiesburg native and photographer Earlie Hudnall. Hudnall's work captures African American life and depicts his understanding of the importance of documenting one's community, who they are, and what they do from day to day. His work has been featured in the Smithsonian American Art Museum, the National Museum of African American History and Culture, both in Washington, DC, and the Art Institute of Chicago, among others. **Vanessa Molden** is Operations and Education Supervisor of the Sixth Street Museum District.

Learning Crochet for Fun | \$15

Tuesdays, July 16 and 23 | HB In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Sherry Dryden

In this course, learn a new craft or renew one from your childhood. Learn new techniques and stitches, make granny squares, coasters, ornaments and other fun things. Come and have fun with us. Beginners are always welcome! **Supply List:** Crochet hook (4.00 or 5.00 mm), cotton yarn (solid or multi-colored, light colors). **Sherry Dryden** is a retired loan officer and supervisor for a credit union in Maryland. She has been a crafter since a young age. She was taught to crochet and embroider by her mother and grandmother.

"I'm Nuts About You" Bracelet | \$25

Thursday, July 18 | HB In-Person

12:00 p.m. - 2:00 p.m. | Seminar led by Karen LeBeau

We will be making a stretchy bracelet composed of beautiful, assorted small beads, hex nuts and safety pins. **All supplies will be provided.** If you wear glasses to read or do fine work, please remember to bring them. You will go home with a lovely new accessory. **Karen LeBeau** is a retired kindergarten teacher who dabbles in various kinds of crafts. She especially likes to create her own clothing.

HEALTH AND FITNESS

Tai Chi for Health on Zoom | \$20 Each Term

Mondays and Wednesdays | Zoom

Term I: June 10 - 26

Term II: July 8 - 24

9:30 a.m. - 10:30 a.m. | Three-Week Exercise Class led by Susan Nodurft

This class is open to all participants of the 2020-2021 Zoom class or with permission of the instructor. Participants must be familiar with Dr. Lam's Tai Chi for Arthritis and Fall Prevention (40 Sun forms) and Tai Chi for Beginners (first 6 forms of the 24 Yang style Forms). Emphasis will be placed on advancing the practice and learning new forms. **Susan Nodurft** is a retired biology teacher. After retirement she began the study and practice of Qigong/Tai Chi. She has been certified through the Institute of Integral Qigong and Tai Chi and the Tai Chi for Health Institute.

Yoga for BFFs | \$30 Each Term

Mondays, Wednesdays and Fridays | HB In-Person

Term I: June 10 - 28

Term II: July 8 - 26

10:30 a.m. - 11:30 a.m. | Three-Week Exercise Class led by Serina Carpenter

Research has shown that practicing yoga as little as two hours a week improves balance, flexibility and strength. Improved body awareness gained through regular practice has been linked to fewer falls, leading many fall prevention programs to include yoga. This program will use yoga postures and other exercise methods to improve physical health. **Serina Carpenter** is a returning OLLI instructor and an RYT500 instructor who has taught multiple classes at various sites in Hattiesburg. As a retired nurse she enjoys research-based benefits of yoga practice and enjoys sharing this with others. One of her favorite quotes is "as the teacher she is a guide in the side, not the sage on the stage!"

Chairobics | \$20 Each Term

Mondays and Wednesdays | Zoom

Term I: June 10 - 26

Term II: July 8 - 24

12:00 p.m. - 1:00 p.m. | Three-Week Exercise Class led by Valerie Webber

Chairobics combines fun and fitness while moving to music. This class is designed to increase muscle strength and range of movement as well as improve cardiovascular health. Small hand weights and elastic bands are used for toning and a chair is used for seated exercises and standing support. There are no on-the-floor exercises. **Valerie Webber** is a Southern Miss graduate with a BSBA and MBA. She is a life member of the USM Alumni Association and has worked in the accounting and finance industry and in IT.

Massage Therapy | Half hour \$25 | Full hour \$45 | Appointments unconfirmed until payment received.

Mondays and Wednesdays | HB In-Person

Term I: June 10 - 26

Term II: July 8 - 24

1:30 p.m. - 2:30 p.m. or 3:00 p.m. - 4:00 p.m.

Massage Therapist—Serina Carpenter (LMT #2957)

Choose ½ hour or hour massage. Contact the OLLI office to schedule a massage.

Sign up for a thirty-minute or one-hour relaxing massage designed to meet one's individual needs. Yoga teacher and certified Massage Therapist Serina Carpenter will wipe your tensions away! Contact the OLLI office for reservations. **Serina Carpenter** is a retired nurse and current yoga instructor. She completed massage therapy training at PRCC. She has completed all requirements of the Mississippi Board of Massage Therapy to practice as a LMT in Mississippi.

Intermediate Yoga | \$20 Each Term

Tuesdays and Thursdays | HB In-Person

Term I: June 11 - 27

Term II: July 9 - 25

10:30 a.m. - 11:30 a.m. | Three-Week Exercise Class led by Stacey Ready

This class will introduce yoga concepts of meditation, breath control and basic asanas (poses or positions). Our goal is to evaluate and improve participant strength, flexibility and balance. The emphasis is on the functional practice of yoga, not the perfect pose. Whether you are new to yoga or experienced, come join

us. "It's your mat and it's your yoga." A lifelong yogi, **Stacey Ready** just completed her 200-hour yoga instructor training through YogaRenew and is excited to be teaching her first official yoga classes at OLLI!

***Freshness Is Everything!* | \$10**

Wednesday, July 24 | HB Meet-Up

9:30 a.m. - 11:30 a.m. | Seminar led by Vicki Bowen

Meet at J. Olive Co., 6555 US Hwy 98 West, Suite 22A, Hattiesburg.

This class will teach the benefits of extra virgin olive oil and balsamic vinegar, and how to add them to your daily eating to improve your health. You will learn why J. Olive Co. olive oil is superior to olive oil you buy in the grocery store. You will have an opportunity to taste our fine oils and balsamics, and see how our pairings can elevate your current meals. **Vickie Bowen** has been the manager for J. Olive Co. for almost 3 years. She is well-versed on the health benefits of olive oil and balsamic vinegar. Vicki's knowledge in this area will teach others how to live a healthier lifestyle through our products.

***Interactive Multisensory Spa Experience* | \$40**

Tuesday, June 25 | HB Meet-Up

12:00 p.m. - 2:00 p.m. | Seminar led by Jenny Bolster and Emma Painter

Meet at Magnolia Soap and Bath, 3705 Hardy Street, Suite 20, Hattiesburg.

Participants will get to sample products, observe soap-making and make bath bombs they design. A native of New Orleans, **Jenny Bolster** has been a resident of Hattiesburg for 22 years. She and her husband, Travis, have four children. Jenny was a homemaker before opening Magnolia Soap and Bath Hattiesburg. After one-on-one training in the original Magnolia in New Albany, Mississippi, Jenny opened and trained her staff including her manager, Emma Painter. **Emma Painter** is a USM graduate where she received a BS in marketing and is currently studying for a master's degree in communication. Emma has been working at Magnolia since it opened in 2022.

HUMANITIES

***LGBTQ Advocacy and Challenges in a Deeply Conservative State* | \$10**

Monday, June 10 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Eric Wood

In this session we will explore LGBTQ identity and examine challenges this population faces as well as opportunities to create a safer environment for LGBTQ individuals through advocacy both within the LGBTQ community and in the community at large. **Eric Wood** is a master's level therapist who has been an affirming therapist for LGBTQ clients for more than a decade.

***The Greek Golden Age* | \$15 Each Term**

Thursdays | HB In-Person

Term I | June 13, 20 and 27

Term II | July 11, 18 and 25

9:30 a.m. - 10:30 a.m. | Three-Week Class led by Dr. Marvin Kendrick

This course will be a review of the palace cultures of Troy, Mycenae and Knossos. We will pay particular attention to Levantine and Near Eastern affinities of Cretan, Cycladic and Anatolian cultural horizons. The earliest scripts and alphabets used for writing in Greek will be covered, as well as the mythic origins of epic and tragedy. **Dr. Marvin Kendrick** held a tenure track position from 1964 - 1971 at Yale University. With a degree from Harvard Divinity School, he returned to Yale and earned an MFA in the School of Art in 1980. Retiring to Hattiesburg, he taught art history in the Art and Design Department at USM.

***From The Era of Good Feelings to the Second Two Party System* | \$20**

Thursdays, June 13, 20 and 27 | HB In-Person and Zoom

12:00 p.m. - 2:00 p.m. | Three-Week Class led by Ryan Schilling

This course is a continuation of last summer's *Early American Republic* seminar and will cover the social, political and cultural history from the end of The War of 1812 to the 1840s. Participation in last year's class is not required and newcomers are welcome. For the past fourteen years, **Ryan Schilling** taught World Civilizations I and II, and American History I and II at Mississippi Gulf Coast Community College. This is his ninth summer to lead an OLLI class.

***The History of Haiti: From the Eighteenth Century Revolution to the Present* | \$25**
Mondays, June 17 - July 22 (No class the week of July 4th) | HB In-Person and Zoom
2:30 p.m. - 4:30 p.m. | Five-Week Class led by Dr. Matthew Casey

This class will focus on the history of Haiti from the country's independence struggle in the late 1700s until the present day. The goal will be to move beyond stereotypes connected to Vodou and poverty to better understand the current situation. The class will pay special attention to Haiti's relationship to the United States—especially in the twentieth century. There will be weekly readings and lectures mixed with discussions. **Dr. Matthew Casey** is Associate Professor of History and Director of the School of Humanities at The University of Southern Mississippi. He teaches courses on Latin American history and his book and article publications focus on the history of Cuba and Haiti in the first decades of the twentieth century.

***Your Voting Rights in Mississippi* | \$10**

Tuesday, July 23 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Peg Ciraldo

In this seminar, we will discuss the voting rights bills that were in the 2024 Legislature, the results and the upcoming litigation that affects you and your voting rights. **Peg Ciraldo** is a retired attorney who was a volunteer in the Guardian Ad Litem Program. For approximately eight years, Peg has been involved in the local League of Women Voters Pine Belt. As of 2023, Ms. Ciraldo has been the Co-President of the League of Women Voters of Mississippi working with the National League of Women Voters.

***Journalism: Where Do We Go From Here?* | \$10**

Tuesday, June 25 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Seminar led by Joshua Wilson

In this seminar, participants will explore journalism's evolution from traditional to digital, addressing technology's impact, fake news challenges and ethical considerations. We will discuss journalism's role in shaping public opinion and anticipate future trends, leaving with insights and strategies for navigating its changing landscape. **Joshua Wilson** is the managing editor of the *Mississippi Business Journal*. He also owns and operates a boutique marketing and public relations firm, Perch Creek Communications, and serves as an adjunct professor and student media advisor at The University of Southern Mississippi.

***A Brief Survey of South Mississippi Railroad History While Riding the Rails on a Train Trip* | \$60**

Wednesday, July 17 | HB Field Trip

11:00 a.m. - 6:00 p.m. | Seminar led by Rev. David Price

Ride Amtrak's *CRESCENT* from Hattiesburg to Meridian and return. Lunch presentation on Mississippi Railroads while dining at Weidmann's Restaurant in Meridian. **Cost of pre fixe lunch included in course fee.** **Rev. David Price** is a retired United Methodist minister and graduate of USM and the Candler School of Theology at Emory University. He is a lifelong devotee of railroads with focus on their history in Mississippi and a student of the steam locomotive. Rev. Price is also an author and co-author of two books on the subject.

***Parting... Providing End of Life Spiritual Care* | \$15**

Thursdays, July 11 and 18 | HB In-Person

2:30 p.m. - 4:30 p.m. | Two-Part Seminar led by Rev. Jennifer Holder

How do we walk alongside people we care for who are approaching the end of life? How do we include conversations about spiritual matters they wish to talk about, but we shy away from? How do we listen and respect their individuality? By sharing class members' personal experiences added to insights the instructor gained from years of chaplaincy, we will explore how to provide end of life care that is very meaningful. **Optional: *Parting: A Handbook for Spiritual Care Near the End of Life*** by Jennifer Sutton Holder and Jann Aldredge. **Rev. Jennifer Holder** is a retired hospital chaplain and active supply priest in Episcopal churches in the Diocese of Mississippi. In mid-career she attended seminary at Brite Divinity School of Texas Christian University and attained Master of Divinity and Doctor of Ministry degrees. She moved to Hattiesburg from Lubbock, Texas in 2023.

LANGUAGES AND LITERATURE

Secrets of Mystery and Suspense Fiction | \$20

Wednesdays, June 12, 19 and 26 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Three-Week Class led by Gwen Combs

This course explores the development of the six ingredients for a good detective mystery story. If you have a favorite mystery writer, be prepared to share what makes this writer's mysteries so good with the rest of the class. If you want to start at the beginning of the genre, read Edgar Allen Poe's three short mysteries that started off the genre, or read some Sherlock Holmes or Agatha Christie--NOT REQUIRED. Only if you want to.

Gwen Combs is a recovering attorney and former English and French high school teacher. She received her BA in English from Kentucky Wesleyan College; an MA in English at Western Illinois University; and a JD from Mississippi College School of Law. While working on her master's degree, Gwen developed an interest in Medieval English and Detective Fiction.

Make it New: The Rise of Modernism | \$10

Wednesday, June 12 | HB In-Person

2:30 p.m. - 4:30 p.m. | Seminar led by Dr. Maureen Ryan

In the early years of the 20th century, artists responded to widespread social change with innovative themes and forms. Poet Ezra Pound's advice to "make it new" acknowledged artistic advances in music, the visual arts, film, literature, and more. Our overview of the cultural elements of what came to be called Modernism will evoke Picasso's *Les Femmes d'Alger (O. J. R. Version O)* (1911), Faulkner's *The Sound and the Fury* (1929), Stravinsky's *The Rite of Spring* (1913) and other then-shocking responses to a new century and the notion that in its early years—as Willa Cather wrote—"the world broke apart." **Maureen Ryan** retired from The University of Southern Mississippi, where she was a Professor of English and served as Dean of the Honors College and, later, the College of Arts and Letters. Her teaching and scholarly work focused on the literature of the Vietnam War and, more broadly, 20th century American literature.

Library Odyssey: A Guided Tour of Knowledge and Wonder | \$10

Thursday, June 13 | HB Meet-Up

10:00 a.m. - 12:00 p.m. | Seminar led by Naomi Warden

Meet at the Hattiesburg Library, 329 Hardy Street, Hattiesburg.

Come join us on a guided tour of the Library of Hattiesburg and experience the wonder of exploration, the joy of discovery, and the power of community. We cannot wait to show you all that the Library has to offer.

Naomi Warden is a tour guide with a passion for sharing knowledge and fostering a love for literature.

Beyond her role as a tour guide, Naomi is involved in initiatives to promote literacy and lifelong learning in Hattiesburg. She currently leads the Petal book club, organizes author events and facilitates educational events.

NATURE, SCIENCE AND TECHNOLOGY

Learning to Make Tight Lines with a Fly | \$20 Each Term (plus one-time \$25 flyfishing kit)

Mondays | HB In-Person

Term I: June 10, 17 and 24

Term II: July 8, 15 and 22

9:30 a.m. - 11:30 a.m. | Three-Week Class led by Buster Wolfe

Join us for four instructional and tutorial classes for tying knots, and fishing differences in saltwater, warmwater, and coldwater. Learn flyfishing historical references, geographical flyfishing differences, fly line and fly rod size differences and which flies for which fish. **Buster Wolfe** is a retired newspaperman with a 45-year career spanning three states, including outdoor writer in Tupelo, Hattiesburg, Columbia, Selma, Alabama, Monroe, Louisiana and for *Mississippi Magazine*.

How We Avoid Infections Caused by Disease-Causing Microorganisms | \$20 Each Term

Tuesdays | HB In-Person

Term I: June 11, 18 and 25

Term II: July 9, 16 and 23

2:30 p.m. - 4:30 p.m. | Three-Week Class led by Dr. Mary Lux

If you have ever wondered how microorganisms, as bacteria, cause infections and how your immune system, at times helped by antimicrobial agents, acts for healing, you would likely enjoy this class. Bacteria are all

around and inside of us. Some bacteria live in and on the body in harmony with us. Other bacteria have the means to cause serious, life-threatening infections. These are the pathogens. Learn how pathogens cause disease. Learn how the human body prevents infections or recovers from infections. **Dr. Mary Lux** is a retired clinical microbiology professor. She studied at the University of Mississippi and worked at USM for 32 years.

***The Ins and Outs of Cyber Scams: How to Stay Safe in an Increasingly Digital World* | \$5**

Tuesday, June 18 | Zoom

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Uri Pearl

Last year Americans lost a staggering \$12.5 billion to cyber scams, a big jump from the previous year. Cyber scammers are becoming smarter and more sophisticated and that means we need to as well! This presentation aims to equip you with essential knowledge on the world of cyber scams. By identifying common scams and learning the signs of being targeted, you can confidently navigate your digital landscape. **Uri Pearl** is the Co-Founder of Catch, a personal cyber security company. Uri has always had one major passion—protecting people. He sought fulfillment for that passion through military service specializing in counter-terrorism.

***Ice Ages Through Time* | \$10**

Tuesday, July 23 | HB In-Person and Zoom

2:30 p.m. - 4:30 p.m. | Seminar led by Jim Dryden

There have been at least five major ice ages in the past two billion years. Hypotheses exist to explain both large-scale ice ages and smaller ebbs and flows. Crucial factors include atmospheric composition, changes in earth orbit, plate tectonic, variations in solar output, the dynamics of the earth-moon system and the impact of large meteorites and volcanism. We will explore these possibilities and Jim will tell the exact year of the next ice age (or NOT!). **Jim Dryden** earned a bachelor's degree in geology and environmental studies. He then began a thirty-one year career with the US Bureau of Land Management in various positions: Archaeologist and Geologist. Jim retired as the Deputy Director, Fish, Wildlife and Endangered Species and Lead Climate Change Coordinator.

PERSONAL ENRICHMENT

***Longevity and The New Retirement* | \$5**

Monday, June 10 | HB In-Person and Zoom

9:30 a.m. - 10:30 a.m | Mini-Seminar led by Courtney Payton

Edward Jones' ongoing collaboration with Age Wave now includes a comprehensive new study, *Longevity and the New Journey of Retirement*, to explore how the journey of retirement unfolds, the patterns of people's experience in retirement and the keys to thriving along the way. **Courtney Payton, AAMS** has been a financial advisor with Edward Jones for four years. She has worked in finance for twelve years, across the public and private sectors. Since joining Edward Jones, she has obtained the designation of Accredited Asset Management Specialist by the Kaplan College of Financial Planning. Her broad knowledge of financial markets, income and retirement need considerations, and long term financial goal-planning position her to share valuable information with her community. She was recently named to the 2024 Class of Top 40 Under 40 Business Leaders by the *Mississippi Business Journal*.

***Supervised Bridge* | \$20**

Tuesdays | HB In-Person

Term I: June 11, 18 and 25

Term II: July 9, 16 and 23

9:30 a.m. - 11:30 a.m. | Three-Week Class led by Ellen Davies

This course gives students an opportunity to play bridge with the instructor handy to make suggestions and answer questions. Students in this class should have taken at least two bridges courses or have played for about one year. Students who have not taken this course in the past will be given first available seats. **Ellen Davies** is a retired teacher and lawyer who started playing bridge as a teenager. She has taken many bridge classes at OLLI and has taught many courses as well. There is always time for instruction and for play.

Wake up with Makeup! Learn about Permanent Makeup and Medical Tattooing! | \$10

Monday, June 17 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Heather Darby

In this seminar, we will discuss medical and cosmetic tattooing, the pros and cons, and who can benefit. Heather will explain different procedures, techniques and all the ins and outs. **Heather Darby** is a Registered Nurse specializing in medical and cosmetic tattooing. Heather is an expert in her field of permanent cosmetic tattooing and a well-known 3-D areola artist. She has served clients in over five states and owns *Pigments* in Hattiesburg, offering a variety of medical, cosmetic tattooing and skincare services.

Witchcraft: Then and Now | \$5

Wednesday, June 19 | HB In-Person

12:00 p.m. - 1:00 p.m. | Mini-Seminar led by Connie Rainey

Join us to examine the past events in the rise of the craft, how it has evolved and how it survives today. We will examine the tools and practice and compare it to other religions. **Connie Rainey** is a retired RN, active paranormal investigator and researcher. She has twenty years' experience and a lifetime of empathy.

Cook a Little; Eat a Lot: Mediterranean Edition | \$40

Monday, June 17 | HB In-Person

9:30 a.m. - 12:30 p.m. | Three-Hour Seminar led by Dr. Ed Hafer and Amanda Johnston

Our session will focus on easy and fun Mediterranean appetizers and treats suitable for entertaining. We will learn how to make hummus, baba ghanouj, lutenitsa, fresh pitas and more! Come hungry; leave happy!

Food cost included in price of seminar. **Dr. Ed Hafer** is a product of two Italian grandmothers who taught him the importance of cooking and eating. While his skills pale in comparison, he has been known to cobble together a decent meal or two for friends. **Amanda Johnston** is a pianist, world traveler and all-around *bonne vivante*. She enjoys cooking to the music of Chopin and eating in newly-discovered faraway lands.

All Aboard for Mexican Train Dominos! | \$10

Mondays, July 8 and 15 | HB In-Person

9:30 a.m. - 10:30 a.m. | Two-Part Mini-Seminar led by Kay Smith

If you like fun games that help your mind and increase the number of friends you have . . . then this game is for you. In this class we will learn how to play the game according to the printed set. There are several different ways to play, which also makes it interesting. No special requirements needed. Come join the fun of games and learning. **Kay Smith** is a retired school teacher who received her degree at USM. She was born in Hattiesburg but had not lived in the city until two years ago. Finding much needed outlets with new friends and activities she was introduced to OLLI. One of the many benefits was learning to play Mexican Train Dominos. Kay says she can't live without it.

Healing With Crystals | \$15

Tuesdays, June 11 and 18 | HB In-Person and Zoom

9:30 a.m. - 11:30 a.m. | Two-Part Seminar led by Brandiilayne Mangum-Dear and Layne Day

Learn about the Mineral Kingdom and all it has to offer in the way of energy healing. Crystals can be used in a variety of ways: healing, uplifting moods, protection, and self-improvement. Discover the amazing metaphysical qualities that the Mineral Kingdom has to offer. **Brandiilayne Mangum-Dear** is the owner of the Red Jasper Healing Center, a local crystal/metaphysical shop in Hattiesburg. Mrs. Mangum-Dear has been a teacher of various philosophies for over twenty years. She is a Reiki Master, an energy healer and utilizes crystals in her healing practice. **Layne Day** is a metaphysician who is lovingly referred to by those who know her well as "The Quartz Whisperer" due to her extensive knowledge about the quartz crystal family. With over twenty years' experience in healing with crystals, she teaches and practices crystal healing at the Red Jasper.

TRAVEL

From Budapest to Bucharest: Sights, Sounds, and Tastes | \$10

Tuesday, July 9 | HB In-Person

9:30 a.m. - 11:30 a.m. | Seminar led by Kay Guiles

We'll begin our armchair trip on the Danube River in Hungary, in the stunning city of Budapest. Besides the extraordinary architecture, it has a fascinating history. Join Kay as we learn about Budapest as well as points eastward to Bucharest and into the Carpathian Mountains. She will share her stories of travel, the photos, the history, music and tastes of Eastern Europe. Goulash, anyone? **Kay Guiles** is the organist at Westminster Presbyterian Church and a retired college music instructor. She loves to travel.

SPECIAL INTEREST GROUPS (SIGs)

The current schedule for SIGs is below. Your OLLI membership must be current to participate in a SIG. Also, to receive emails with the Zoom joining details, you must be registered in the SIG.

| | |
|--|--|
| HB Art In-Person | 1 st Friday at 1:00 p.m. |
| GP Book Club In-Person/Zoom | 3 rd Friday at 1:00 p.m. |
| HB Book Club In-Person/Zoom | 2 nd Friday at 10:00 a.m. |
| GP Crafting In-Person | 2 Fridays/Month at 9:00 a.m. |
| HB Crocheting In-Person | 2 nd Wednesday at 2:00 p.m. |
| HB Life Story and Poetry In-Person/Zoom | 3 rd Friday at 10:30 a.m. |
| HB MS Books and Authors In-Person/Zoom | 4 th Friday at 11:00 a.m. |
| GP Outdoors in South Mississippi In-Person | Dates chosen quarterly. |
| HB Photography Zoom | 1 st and 3 rd Fridays at 2:30 p.m. |
| GP Rummikub SIG GP In-Person | 2 nd and 4 th Tuesdays at 2 p.m. |
| GP Stringed Instrument GP Meet-Up | Tuesdays at 2:30 p.m. |
| GP Ukulele GP Meet-Up | Thursdays at 2:30 p.m. |
| HB Ukulele In-Person | Fridays at 2:00 p.m. |

OSHER LIFELONG LEARNING INSTITUTE

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