# USM DuBard School for Language Disorders

# COVID-19 Response

These guidelines follow USM policies and guidance and are consistent with recommendations from the Center for Disease Control (<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fyour-health%2Fquarantine-isolation.html>) for health professionals and children. These plans will be revised as needed based on current public health guidelines.

**Health Protocol**

1. It is recommended that all eligible students and staff members 12 years of age and older receive COVID-19 vaccination. Vaccination remains the primary public health prevention strategy to end transmission and allow for safe participation of in-person classes and activities.
2. For individuals who have been **exposed to COVID-19** (15 minutes of contact over a 24-hour period at less than 6 feet):
   1. Masks are recommended for 10 days following the exposure.
   2. Watch for symptoms of COVID-19. If symptoms develop, quarantine immediately and get tested.
   3. Anyone who has **a positive test** for COVID-19 must quarantine immediately.
      1. **Following a positive test with NO symptoms**
         1. Day 1 is the first full day following the day you were tested and begins the 5-day quarantine period.
         2. If symptoms develop within 10 days of the positive test, the quarantine restarts on the day of symptom onset, and an additional 5 days of quarantine are required.
      2. **Following a positive test with COVID-19 symptoms**
         1. Quarantine for 5 days.
         2. Quarantine may discontinue if all of the following criteria are met
            1. No fever for 24 hours without the use of fever-reducing medication
            2. Symptoms have improved
            3. At least five days have passed since symptoms appeared
3. All staff and students should self-monitor for fever (100 degrees or higher) and other COVID-19 symptoms (cough, runny nose, fatigue, etc.) before entering the DuBard School. Any staff member or student with a temperature of 100 degrees or higher should remain home until he or she has been fever free without the use of fever-reducing medication for 24 hours and has no other symptoms of COVID-19.
4. Students who become sick will be isolated from other students. Families will be called and asked to come immediately to pick up their child. A student who is sent home will not be able to return to school the following day and until he or she has been fever free without the use of fever-reducing medication for 24 hours and exhibits no other symptoms of COVID-19.

**Handwashing**

Handwashing will be completed frequently throughout the day. Hand sanitizer will be used in conjunction with proper handwashing.

**School Disinfection**

At the beginning and end of the day, staff members will disinfect the classroom, including counter and desk tops, door knobs, tables, chairs, water fountains, computer equipment, and any school materials used.

Student restrooms located in the cubbie areas will be sprayed with disinfectant spray at the end of each class period.