

# Communicating

## THROUGH THE YEARS

### MILESTONE MARKERS

#### One to Two Years

##### HEARING AND UNDERSTANDING

- Points to a few body parts when you ask.
- Follows 1-part directions like "Roll the ball" or "Kiss the baby"
- Responds with simple questions, like "Who's that?" or "Where's your shoe?"
- Listens to simple stories, songs, and rhymes.
- Points to pictures in a book when you name them.

##### TALKING

- Uses a lot of new words.
- Uses p, b, m, h, and w, in words.
- Starts to name pictures in books.
- Asks questions like, "What's that?", "Who's that?", and "Where's kitty?"
- Puts two words together, like "more apple," "no bed," and "mommy book."

##### WHAT CAN I DO TO HELP?

- Talk to your child as you do things and go places. For example, when taking a walk, point to and name what you see. Say things like, "I see a dog. The dog says 'woof.' This is a big dog. This dog is brown."
- Use short words and sentences that your child can imitate. Use correct grammar.
- Talk about sounds around your house. Listen to the clock tick, and say "t-t-t." Make car or plane sounds, like "v-v-v-v."
- Play with sounds at bath time. You are eye-level with your child. Blow bubbles, and make the sound "b-b-b-b." Pop bubbles, and make a "p-p-p-p" sound. Engines on toys can make the "rrr-rrr-rrr" sound.
- Add to words your child says. For example, if she says "car," you can say, "You're right! That is a big red car."
- Read to your child every day. Try to find books with large pictures and a few words on each page. Talk about the pictures on each page.
- Have your child point to pictures that you name.
- Ask your child to name pictures. He may not answer at first. Just name the pictures for him. One day, he will surprise you by telling you the name.
- Talk to your child in the language you are most comfortable using.

*DuBard School for Language Disorders can serve as a resource to help ensure you are aware of services available for your child. DuBard School's full-time enrollment program serves children from three to 13 years of age.*

*Information provided by the American Speech-Language-Hearing Association.*