

CATCHING REVIEW QUIZ

Use your knowledge from when we learned about catching, as well as the review video to answer the following questions about catching!

1. When we catch a ball that is HIGH in the air, how should our hands be positioned?
 - a) Hands up and pinkies together
 - b) Hands down and thumbs together
 - c) Hands up and thumbs together

2. When catching, what should we keep our eyes on?
 - a) The ground
 - b) The sky
 - c) Our hands
 - d) The ball

3. When we catch a ball that is LOW, how should our hands be positioned?
 - a) Hands up and thumbs apart
 - b) Hands out in front of our waist and pinkies together
 - c) Hands by our sides

4. How many ways to catch have we learned about?
 - a) 1
 - b) 2
 - c) 5

5. Which of the following will help us become better at catching?
 - a) Playing video games
 - b) Practice
 - c) Eating candy

ANSWERS:

- 1) C
- 2) D
- 3) B
- 4) B
- 5) B