



MY VISIT TO THE
**USM CENTER for
BEHAVIORAL HEALTH**

○ I GO TO THE BEHAVIORAL HEALTH CLINIC TO VISIT MY THERAPIST.

When I get there, I will wait outside the door. The adult with me will call the people inside to let them know we have arrived.



○ EVERYONE THERE WILL WEAR A MASK SO WE CAN ALL STAY SAFE.

When we walk in, we will see a friendly staff member. They will help me stay safe and not catch germs!



- **BEFORE I GO UPSTAIRS, A CLINIC STAFF MEMBER WILL TAKE MY TEMPERATURE AND THE TEMPERATURE OF THE ADULT WHO IS WITH ME.**



○ **NEXT, THE STAFF MEMBER WILL GIVE THE ADULT SOME PAPERS TO SIGN.**

Then we can go upstairs!



○ I WILL TRY MY BEST TO WEAR MY MASK WHEN I GO INSIDE OF THE BUILDING.

If I didn't bring one with me today, it's ok! The staff member will give me one!



WHAT IS THE RIGHT WAY TO WEAR MY MASK?



THIS IS THE RIGHT WAY TO WEAR MY MASK!

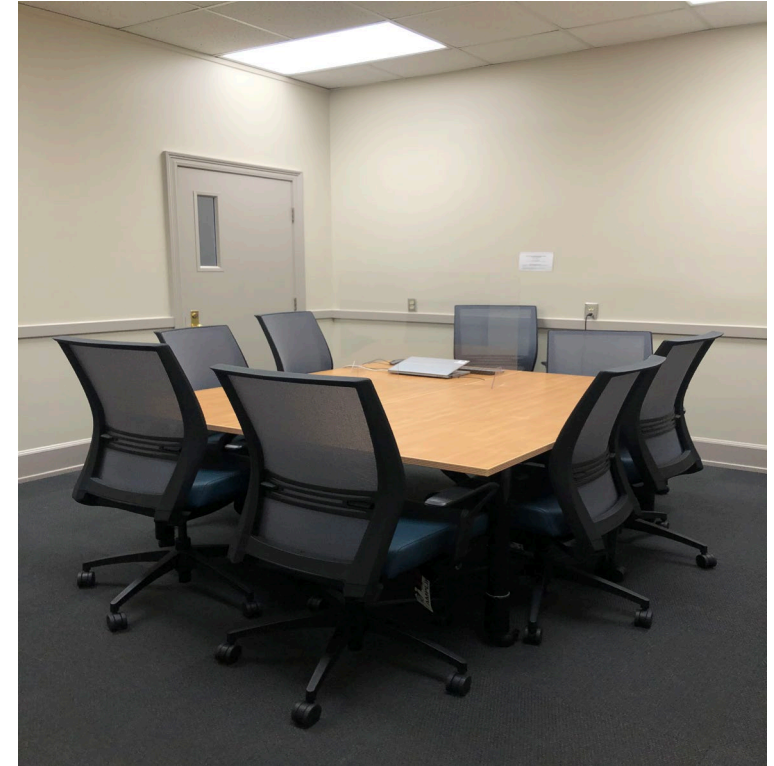


○ THERE WILL BE HAND SANITIZER I CAN USE TO KEEP EVERYONE SAFE.

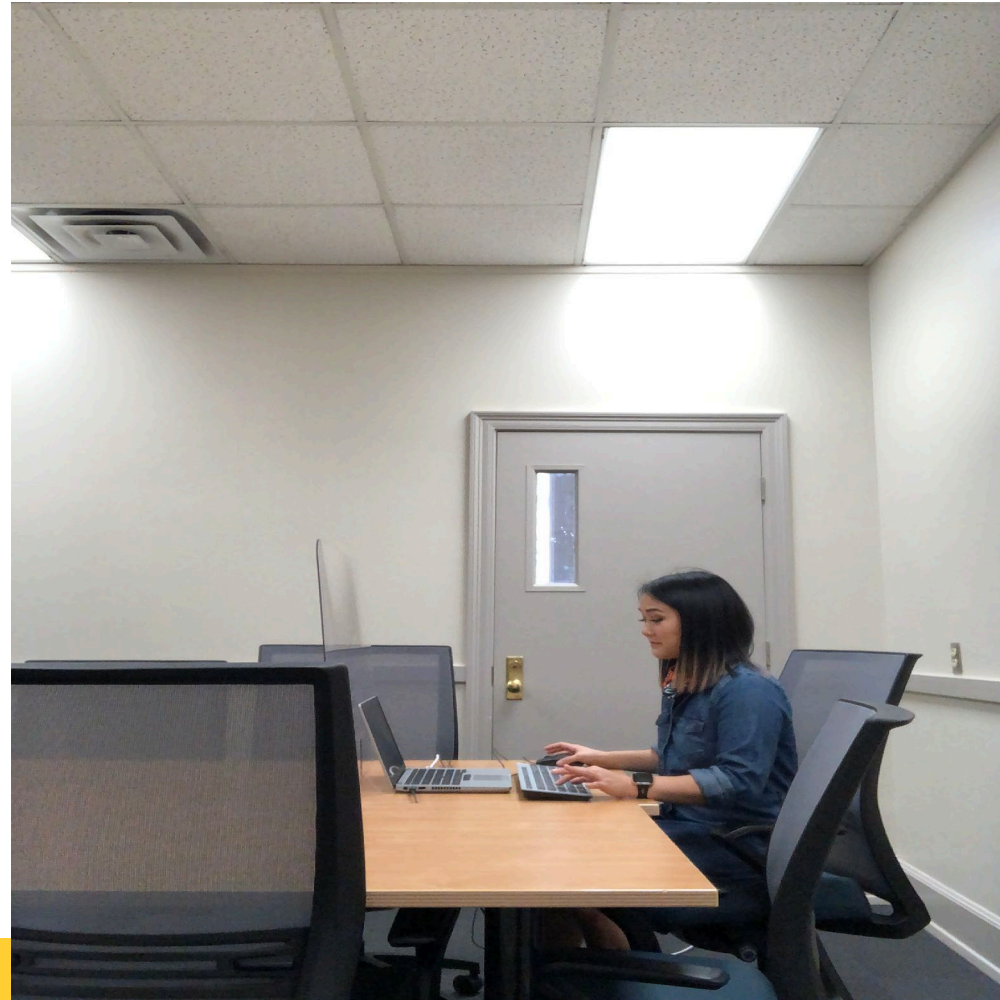


○ THE STAFF MEMBER WILL SHOW US WHAT ROOM TO GO INTO.

My room will look like one of these!



- **ONCE I GET INTO MY ROOM AND THE DOOR IS SHUT, I CAN TAKE MY MASK OFF.**
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○ IF I NEED TO USE THE RESTROOM OR LEAVE MY ROOM, I WILL PUT MY MASK BACK ON SO EVERYONE CAN SAY SAFE!



○ NEXT, I WILL SIT IN FRONT OF A COMPUTER AND MY THERAPIST WILL BE ON THE SCREEN.

I can talk to my therapist and ask questions, just like if they were sitting with me!



○ I MAY GET TO PLAY SOME GAMES WITH MY THERAPIST IN THE SAME ROOM.

If my therapist is in the room with me, there will be a clear plastic barrier between us, and everyone will wear their masks.



- **WHEN WE ARE ALL DONE, I WILL PUT MY MASK BACK ON AND LEAVE THE ROOM.**
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- WHEN IT IS TIME TO GO HOME, WE WILL WALK OUT OF THE**
- BUILDING AND BACK TO OUR CAR IN THE PARKING LOT.**
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I ENJOYED MY VISIT TO THE USM CENTER FOR BEHAVIORAL HEALTH AND WILL SEE EVERYONE NEXT TIME!

